

# Affirmations for the Root Chakra

I am safe and secure at all times.

I am divinely protected and guided and my way is made smooth and easy.

I am open to expanding my awareness of life.

I am willing to release all my old patterns of fear and insecurity to live with joy, well-being now.

I know that I belong. I know that I am safe.

People now support me in an easy and pleasurable way.

It is safe for me to enjoy my life as it is now.

I am responsible for the quality of my life.

I am open to new ideas, new thoughts, and new people in my life.

I trust life supports me in fulfilling my purpose.

It is safe for me to be who I am now.

I have a right to express myself and manifest my dreams.

I trust in the process of my life to unfold for my highest good and greatest joy.

I love my life exactly the way it is.

I am free to make whatever changes are necessary for my future.

I am a life enhancer and do what feels right for me.

I am creating a healthy foundation on which creativity can flourish.